

# MMM22 DATA CAPTURE FORM

PLEASE COMPLETE IN BLOCK CAPITALS ONLY, IN BLACK INK AND INSERT ONLY X IN THE CHECKBOX FIELDS 



| THE SCREENING SITE   |  |
|--|--|
| *1a  | Name of Country: _____ *1b. Name of City/Town/Village: _____   |
| 2  | Site ID and / or investigator email address: _____   |
| 3  | Where is your screening site? <input type="checkbox"/> Hospital/Clinic/Pharmacy <input type="checkbox"/> Workplace <input type="checkbox"/> Public area (indoors)<br><input type="checkbox"/> Public area (outdoors) <input type="checkbox"/> Home <input type="checkbox"/> Other  |
| *4   | Date of measurement _____/_____/_____  |
| BY COMPLETING THIS FORM YOU ARE CONSENTING TO SHARE YOUR INFORMATION FOR ACADEMIC RESEARCH PURPOSES.<br>IF YOU DO NOT KNOW THE ANSWER LEAVE BLANK. DO NOT RECORD ANY PERSONAL DATA THAT WOULD IDENTIFY THE PATIENT E.G NAME, ADDRESS |  |
| ABOUT THE PARTICIPANT  |  |
| *5   | How old are you in years? (Estimate if unknown) _____ Yrs <input type="checkbox"/> Mark with X if estimated  |
| *6   | What is your sex? <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Other   |
| 7  | Ethnicity** (self-declared) <input type="checkbox"/> Black <input type="checkbox"/> White <input type="checkbox"/> South Asian <input type="checkbox"/> East/South East Asian <input type="checkbox"/> Middle Eastern <input type="checkbox"/> Mixed <input type="checkbox"/> Other  |
| 8  | When did you last have your blood pressure (BP) measured? <input type="checkbox"/> Never <input type="checkbox"/> Over 12 months ago <input type="checkbox"/> Within the last 12 months  |
| 9  | Have you participated in MMM at least once before? <input type="checkbox"/> Yes <input type="checkbox"/> No  |
| *10  | Have you ever been diagnosed with high BP by a health professional (except in pregnancy)? <input type="checkbox"/> Yes <input type="checkbox"/> No   |
| *10a   | If yes, at what age were you diagnosed? _____ Yrs  |
| 11   | How many drug classes are you currently taking for your BP?*** <input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5+ <input type="checkbox"/> Don't know  |
| 12   | Do you usually pay fees for your consultations when you get your BP treated? <input type="checkbox"/> Pay nothing <input type="checkbox"/> Pay part <input type="checkbox"/> Pay fully <input type="checkbox"/> Not sure if part or fully paid   |
| 13   | Do you usually pay fees for your medications when you get your BP treated? <input type="checkbox"/> Pay nothing <input type="checkbox"/> Pay part <input type="checkbox"/> Pay fully <input type="checkbox"/> Not sure if part or fully paid   |
| 14   | Do you take your BP medication regularly? If not - why? (Tick all that apply) <input type="checkbox"/> I do <input type="checkbox"/> Too expensive <input type="checkbox"/> Not easily available <input type="checkbox"/> Side effects<br><input type="checkbox"/> Only take them when I need them <input type="checkbox"/> Prefer alternative medicine <input type="checkbox"/> I forget                          |
| 15   | Are you currently taking the following medications? a) Statin <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know b) Aspirin <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know<br>c) Warfarin/oral anticoagulant (blood thinners) <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know |
| 16   | If female, are you pregnant? <input type="checkbox"/> Yes <input type="checkbox"/> No  |
| 17   | If female, have you had raised BP in this or a previous pregnancy? <input type="checkbox"/> Yes <input type="checkbox"/> No  |
| 18   | If female, are you currently taking... a) Hormonal contraception <input type="checkbox"/> Yes <input type="checkbox"/> No b) Hormone replacement treatment (HRT) <input type="checkbox"/> Yes <input type="checkbox"/> No  |
| 19   | Do you use tobacco? (including chewing tobacco, cigars and pipes) <input type="checkbox"/> Yes <input type="checkbox"/> No – but I did in the past <input type="checkbox"/> Never  |
| 20   | Do you consume alcohol? <input type="checkbox"/> Never/rarely <input type="checkbox"/> 1-3 times per month <input type="checkbox"/> 1-6 times per week <input type="checkbox"/> Daily  |
| 21   | Have you been diagnosed as having diabetes by a health professional (except in pregnancy)? <input type="checkbox"/> Yes <input type="checkbox"/> No  |
| 22   | Have you ever experienced or been diagnosed as having... a) Heart attack <input type="checkbox"/> Yes <input type="checkbox"/> No b) Stroke <input type="checkbox"/> Yes <input type="checkbox"/> No<br>c) Heart failure <input type="checkbox"/> Yes <input type="checkbox"/> No d) Irregular heartbeat <input type="checkbox"/> Yes <input type="checkbox"/> No  |
| 23   | Have you had a positive test for COVID-19? If so, when? <input type="checkbox"/> No Yes: <input type="checkbox"/> 0-3 mths ago <input type="checkbox"/> 3-6mths <input type="checkbox"/> 6-9mths <input type="checkbox"/> 9-12mths <input type="checkbox"/> >12 mths   |
| 23a  | If you answered YES to Q23, how long did your symptoms persist? <input type="checkbox"/> 0-3 mths <input type="checkbox"/> 3-6mths <input type="checkbox"/> 6-9mths <input type="checkbox"/> 9-12mths <input type="checkbox"/> >12 mths  |
| 24   | Have you received the COVID-19 vaccination? <input type="checkbox"/> No <input type="checkbox"/> Yes – 1 <sup>st</sup> <input type="checkbox"/> Yes – 1 <sup>st</sup> and 2 <sup>nd</sup> <input type="checkbox"/> Yes – 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>   |
| 25   | Do you take part in at least 150 mins of moderate exercise (brisk walking) or 75 mins of more vigorous exercise per week? <input type="checkbox"/> Yes <input type="checkbox"/> No   |
| 26   | How many years of education do you have? <input type="checkbox"/> 0 <input type="checkbox"/> 1-6 years <input type="checkbox"/> 7-12 years <input type="checkbox"/> over 12 years  |
| MEASUREMENTS   |  |
| 27   | Weight (estimate if not measured) _____ Kilograms (kg) OR _____ Pounds (lbs) <input type="checkbox"/> Mark with X if estimated   |
| 28   | What was your birthweight? _____ Kilograms (kg) OR _____ Pounds (lbs) <input type="checkbox"/> Don't know  |
| 29   | What is the manufacturer of the BP machine being used? <input type="checkbox"/> OMRON <input type="checkbox"/> Other   |
| *30  | Systolic Blood Pressure (SBP) _____ Diastolic Blood Pressure (DBP) _____ Pulse _____ Was the pulse regular? <input type="checkbox"/> Yes <input type="checkbox"/> No   |
|  | 1 <sup>st</sup> measurement _____ <input type="checkbox"/> Yes <input type="checkbox"/> No   |
|  | 2 <sup>nd</sup> measurement _____ <input type="checkbox"/> Yes <input type="checkbox"/> No   |
|  | 3 <sup>rd</sup> measurement _____ <input type="checkbox"/> Yes <input type="checkbox"/> No   |
| IF YOUR COUNTRY IS TAKING PART IN THE ATRIAL FIBRILLATION SUB STUDY PLEASE COMPLETE THE QUESTIONS BELOW  |  |
| AF 31  | Was Atrial Fibrillation detected in the current assessment? <input type="checkbox"/> Yes <input type="checkbox"/> No   |
| 32   | Have you ever been diagnosed as having Atrial Fibrillation by a health professional before? <input type="checkbox"/> Yes <input type="checkbox"/> No   |

\*These questions must be answered in order to be submitted for May Measurement Month

\*\* South Asian – with origins from: India, Pakistan, Bangladesh, Nepal, Bhutan, Maldives and Sri Lanka. East and South-East Asian – With Origins from any countries east of the Indian sub-continent.

\*\*\* This means how many types of medications are being taken i.e. – ACE-inhibitors, ARBs, diuretics, beta-blockers, calcium channel blockers, alpha-blockers, others. If you are unsure, please enter the number of different tablets each day. (If you are taking 1 tablet twice a day, this counts as 1).

† N/A = Not applicable